

Blast From the Past

The origin of the Angeles Crest 100 Mile trail race can be traced back to the early 1980's when a few of the crazier trail runners in the club thought about putting on a 100K trail race in the San Gabriel mountains. Below is what they handed out to the club. Kind of makes you wonder.... a few are still members today.

THE PROCRASTINATORS 100K
(We may never get around to it)
an unofficial, tentative, trail run

- DREAMED UP BY: The snivelers division of the Foothill Flyers.
- COURSE: A certified loop, exactly 62.4 miles (unless of course it's longer or shorter) in the San Gabriel mountains. TAC certification is pending (What is a TAC?).
- DATE: Maybe April, May, or June. Maybe April, May AND June! It will no doubt conflict with your favorite 8K, no matter when we have it.
- EXPERIENCE REQ: Must have completed at least one 5K in the previous 5 years-preferably under one hour.
- LOCATION AND COURSE FEATURES: A scenic course between Chantry Flats and Oak Grove. Watch the sunrise from Leroy's cafe in Monrovia. (We'll hang a picture of it on the wall in case it rains) Watch the sunset from Mt. Lawlor. Thrill to exhilarating climbs up Winter creek, Idle Hour, and Strawberry peak! Throw caution to the winds on the "white knuckler" descents down Castle canyon, Millard, and Mt. Zion! Elevation gain of between 10,000 and 20,000 feet (some of us have trouble with large numbers).
- AWARDS DINNER: At the Arcadia 'IN & OUT'- bring lots of money!
- RUN DIRECTOR: Judy Milke (We voted and she lost)
- COURSE LAYOUT: "Deadly" Del Beaudoin, Bill "What me worry?" Dickey, Ralph "supersniveler" West.
- EARLY START: Contact Nancy "Toll road" Tinker
- LATE START: Sure, why not?
- COURSE MONITER: Jim "sidereal time" Ulversted (Jim will host the "No host" "right ascension" party after the run)
- TIME LIMIT: 6 days, or John Radich will disqualify you.
- OTHER GOODIES: Penalty for exceeding 6 day limit-loss of restroom privilages at Mt. Wilson snack bar. Booby prize for getting lost in Chantry Flats parking lot-having to request hot chocalot and 1/2 cheese sandwich at 9:59 am at Mt. Wilson snack bar. Call DIAL-A-PRAYER for additional info, and watch for further announcements!